

Underwater Navigation:			
Knowledge Review elearning/Instructor			
Compass Use on Land			
Briefing			
Suiting up	77		
Predive Safety Check (BWRAF)			
• Entry			
Distance/Time Estimation Swim			
Navigate a Straight Line			
Underwater Using Natural Navigation Technique	S.		
Navigate a Straight Line and its Reciprocal Unde	rwater Using a Compass		
Navigate a Square Pattern Underwater Using a Co	ompass		
Ascent – Safety Stop			
Tired diver tow			
• Exit			
Debrief			
Log Dive – Complete Training Record		4	
"I verify that I have completed all of the learn about boat diving and that completi Standard Safe Diving Practices."	=		
STUDENT NAME	SIGNATURE	Date:	
Instructor Statement 'I verify that this student has satisf (as described in Instructor Guide) SDI, TDI Instructor for the current Instructor Name	for this Adventure Train year."	ing Dive. I am a renewed, T	-
Instructor Signature			
PADI, SDI, TDI No	Dive Co	npletion Date	



Deep Dive:	
Knowledge Review elearning/Instructor	
Briefing	
Assembling and Positioning	
Emergency Equipment	
Suiting Up	
Predive Safety Check (BWRAF)	
Entry	
• Descent	
Describe and Record Color	
• Changes at Depth	
Depth Gauge Comparisons at Depth	
Guided Tour (time/air pressure permitting)	
• Ascent – Safety Stop	
• Debrief	
Log Dive – Complete Training Record	
"I verify that I have completed all of the Performance Requirements for this Adventure Dive. I re learn about boat diving and that completion of a full Speciality course is highly recommended. I	
Standard Safe Diving Practices."	
STUDENT NAME SIGNATURE Date:	
Instructor Statement	
"I verify that this student has satisfactorily completed the Knowledge Review and	-
(as described in Instructor Guide) for this Adventure Training Dive. I am a renev	wed, Teaching status l
SDI, TDI Instructor for the current year." Instructor Name	
Instructor NameInstructor Signature	
DADI CDI TDI No.	-



NITROX Dive:				X
Knowledge Review elearning/Instruc	etor			
Practical Application – analyze enric	ched air cylinder			
Complete contents sticker/tag and fi	ll log			
Dive Planning – calculate maximum	depth and time, and set dive com	puter		
Briefing	and time the second			
Gear Up				
Predive Safety Check (BWRAF)				
Entry				
• Descent				
• Dive within planned depth/time lin	mits			
• Ascent – Safety Stop				
• Debrief				
• Log Dive – Complete Training Rec	ord			
"I verify that I have completed all of the learn about boat diving and that comple				
Standard Safe Diving Practices."				
STUDENT NAME	SIGNATURE	Date:		
LA .				
V				
Instructor Statement				_
"I verify that this student has satis (as described in Instructor Guide	, <u> </u>	177		-
as described in instructor Guide SDI, TDI Instructor for the currer	•	Jive, I alli a lelleweu, I	eaciiiig S	iaius
Instructor Name	_			
Instructor Signature				
PADI, SDI, TDI No	Dive Comple	tion Date		



	yancy:	
Knowledge Review elearning/Instru	ctor	
Briefing		
Assembly of weight system		
Visualization practice		
Suiting up		
Predive Safety Check (BWRAF)		
Entry		
Predive buoyancy check		
Neutral buoyancy during slow descent		
Hovering practice		
Fine-tune with breath control • Buoyancy game	e de la companya de l	
Ascent – Safety Stop		
Maneuver close bottom – no touching		
Postdive buoyancy check		
Debrief		
Log Dive – Complete Training Record		711
· · · · · · · · · · · · · · · · · · ·	e Performance Requirements for this Adventure Diversion of a full Speciality course is highly recommend	
Standard Safe Diving Practices."		
STUDENT NAME	SIGNATUREDat	



Instructor Name_____

Instructor Signature

PADI, SDI, TDI No. _____ Dive Completion Date _____

Knowledge Review elearning/Instructor					
Confined water dive 1					
Briefing					
Suiting up					
Predive Safety Check (BWRAF)					
Entry					
Buoyancy Check					
• Descent					
Locate SPG and indicate gas supply					
Manage gas by switching second stages bet	tween the two cylinders as planned				
Establish Neutral Buoyancy and swim with	h buddy 24m/80ft while assessing and ad	ljusting balance and tr	im		
• Recover and clear second stage • Respond t	to simulated failed regulator or valve				
Ascent – Safety Stop					
Tired diver tow					
• Exit					
Debrief					
Log Dive – Complete Training Record					
"I verify that I have completed all of learn about boat diving and that com Standard Safe Diving Practices."	•				
STUDENT NAME	SIGNATURE		Date:		
ructor Statement rify that this student has satisf	factorily completed the Kn	owledge Revie	w and Perform	ance Requ	irer



Wreck Dive:		
Knowledge Review elearning/Instructor		
Briefing	The City Control of the Ci	
Suiting up		
Predive Safety Check (BWRAF)	The state of the s	
• Entry		
Navigating the Wreck		
Returning to Ascent Point		
Ascent – Safety Stop		
Tired diver tow		
• Exit		
Debrief		
Log Dive – Complete Training Record		
•	of the Performance Requirements for this Adventure Displetion of a full Speciality course is highly recomme	
STUDENT NAME	SIGNATUREI	Date:
tructor Statement		
	sfactorily completed the Knowledge Review a	-
	e) for this Adventure Training Dive. I am a re	newed, Teaching status PA
, TDI Instructor for the curre tructor Name	nt year."	
tructor Signature		_
DI, SDI, TDI No	Dive Completion Date	_



Boat Dive:			
Knowledge Review elearning/Instructor			
Briefing			
Suiting up			
Predive Safety Check (BWRAF)			
Boat Diving Entry			
Dive for Fun and Pleasure			
Navigate From and Back to Boat			
Surface Signaling Device Use			
Ascent – Safety Stop			
Boat Diving Exit			
Stow Equipment			
Debrief			т
Log Dive – Complete Training Record			
	the Performance Requirements for this Adv		
	pletion of a full Speciality course is highly	recommended. I also agree to abic	le by
Standard Safe Diving Practices."			
STUDENT NAME	SIGNATURE	Date:	
ructor Statement			
-	factorily completed the Knowledge R	· · · · · · · · · · · · · · · · · · ·	_
	for this Adventure Training Dive. I a	am a renewed, Teaching sta	tus PA
, TDI Instructor for the current			
	D: 0 1: D		
DESDETDENO.	Dive Completion Da	ate	