



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

BOAT DIVE

Skills Overview

- Knowledge Review
- Briefing
- Identify Boat Areas and Locate Safety Equipment
- Gearing Up
- Pre-dive Safety Check (BWRAF)
- Boat Diving Entry
- Dive for Fun and Pleasure
- Navigate From and Back to Boat
- Ascent – Safety Stop
- Surface Signaling Device Use
- Boat Diving Exit
- Stow Equipment
- Debrief
- Log Dive – Complete Training Record

Instructor Statement

"I verify that this student has satisfactorily completed the Knowledge Review and Performance Requirements (as described in PADI's Advanced Open Water Diver Instructor Guide) for this PADI Advanced Open Water Training Dive. I am a renewed, Teaching status PADI Instructor for the current year."

Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

"I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about boat diving and that completion of a PADI Boat Diver course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices."

Diver Signature _____ Date _____
Day/Month/Year



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

DEEP DIVE

Skills Overview

- Knowledge Review
- Briefing
- Assembling and Positioning Emergency Equipment
- Gearing Up
- Pre-dive Safety Check (BWRAF)
- Entry
- Descent
- Describe and Record Color Changes at Depth
- Computer/Depth Gauge Comparisons at Depth
- Guided Tour (time/air pressure permitting)
- Ascent – Safety Stop
- Debrief
- Log Dive – Complete Training Record

Instructor Statement

"I verify that this student has satisfactorily completed the Knowledge Review and Performance Requirements (as described in PADI's Advanced Open Water Diver Instructor Guide) for this PADI Advanced Open Water Training Dive. I am a renewed, Teaching status PADI Instructor for the current year."

Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

"I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about deep diving and that completion of a PADI Deep Diver course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices."

Diver Signature _____ Date _____
Day/Month/Year



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

ENRICHED AIR DIVE

Skills Overview

- Knowledge Review
- Practical Application – analyze enriched air cylinder
- Complete contents sticker/tag and fill log
- Dive Planning – calculate maximum depth and time, and set dive computer
- Briefing
- Gearing Up
- Predive Safety Check (BWRAF)
- Entry
- Descent
- Dive within planned depth/time limits
- Ascent – Safety Stop
- Debrief
- Log Dive – Complete Training Record

Instructor Statement

“I verify that this student has satisfactorily completed the Knowledge Review and Performance Requirements (as described in PADI’s Advanced Open Water Diver Instructor Guide) for this PADI Advanced Open Water Training Dive. I am a renewed, Teaching status PADI Instructor for the current year.”

Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

“I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about enriched air diving and that completion of a PADI Enriched Air Diver course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices.”

Diver Signature _____ Date _____
Day/Month/Year



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

FISH IDENTIFICATION

Skills Overview

- Knowledge Review
- Slate preparation
- Briefing
- Equipment preparation and gearing up
- Pre-dive Safety Check (BWRAF)
- Entry
- Observe and identify fish families
- Record sightings
- Sketch/describe unfamiliar fish
- Ascent and exit
- Use reference materials to identify unfamiliar fish
- Debrief and post-dive procedures
- Log dive – Complete Training Record

Instructor Statement

"I verify that this student has satisfactorily completed the Knowledge Review and Performance Requirements (as described in PADI's Advanced Open Water Diver Instructor Guide) for this PADI Advanced Open Water Training Dive. I am a renewed, Teaching status PADI Instructor for the current year."

Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

"I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about fish identification and that completion of a PADI – Fish Identification course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices."

Diver Signature _____ Date _____
Day/Month/Year



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

NIGHT DIVE

Skills Overview

- Knowledge Review
- Briefing
- Gearing Up
- Pre-dive Safety Check (BWRAF)
- Entry
- Descent
- Acclimatization on the Bottom
- Navigation Exercise
- Guided Tour (time/air pressure permitting)
- Ascent – Safety Stop
- Exit
- Debrief
- Log Dive – Complete Training Record

Instructor Statement

"I verify that this student has satisfactorily completed the Knowledge Review and Performance Requirements (as described in PADI's Advanced Open Water Diver Instructor Guide) for this PADI Advanced Open Water Training Dive. I am a renewed, Teaching status PADI Instructor for the current year."

Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

"I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about night diving and that completion of a PADI Night Diver course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices."

Diver Signature _____ Date _____
Day/Month/Year



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

PEAK PERFORMANCE BUOYANCY **Skills Overview**

- Knowledge Review
- Briefing
- Assembly of weight system
- Streamline equipment
- Gearing up
- Pre-dive Safety Check (BWRAF)
- Entry
- Pre-dive buoyancy check
- Neutral buoyancy during slow descent
- Hovering practice
- Control buoyancy and swim relaxed
- Hover in different positions
- Ascent – Safety Stop
- Post-dive buoyancy check
- Exit/Debrief
- Log Dive – Complete Training Record

Instructor Statement

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Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

"I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about buoyancy control and that completion of a PADI Peak Performance Buoyancy course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices."

Diver Signature _____ Date _____
Day/Month/Year



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

RESCUE DIVER DIVE

Skills Overview

- Knowledge Review
- Briefing
- Gearing Up
- Pre-dive Safety Check (BWRAF)
- Entry
- Self-Rescue – Cramp Release
- Self-Rescue – Alternate Air Source Use
- Rescue Exercise 1
 - Tired Diver
- Rescue Exercise 2
 - Panicked Diver
- Rescue Exercise 4
 - Missing Diver
- Exit
- Debrief
- Log Dive – Complete Adventure Dive Training Record

Instructor Statement

“I verify that this student has satisfactorily completed the Knowledge Review and Performance Requirements (as described in PADI’s Advanced Open Water Diver Instructor Guide) for this PADI Advanced Open Water Training Dive. I am a renewed, Teaching status PADI Instructor for the current year.”

Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

“I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about rescue diving and that completion of a PADI Rescue Diver course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices.”

Diver Signature _____ Date _____
Day/Month/Year



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

SEARCH AND RECOVERY DIVE **Skills Overview**

- Knowledge Review
- Briefing
- Practice Search Patterns on Land
- Practice Object Rigging on Land
- Gearing Up
- Pre-dive Safety Check (BWRAF)
- Entry
- Small Area Search
- Large Area Search
- Tie Knots
- Rigging and Lifting an Object
- Exit
- Debrief
- Log Dive – Complete Training Record

Instructor Statement

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Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

"I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about search and recovery diving and that completion of a PADI Search and Recovery Diver course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices."

Diver Signature _____ Date _____
Day/Month/Year



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

SIDEMOUNT DIVE

Skills Overview

- Knowledge Review
- Confined water dive 1
- Briefing
- Gearing Up
- Pre-dive Safety Check (BWRAF)
- Entry
- Buoyancy Check
- Descent
- Locate SPG and indicate gas supply
- Manage gas by switching second stages between the two cylinders as planned
- Establish neutral buoyancy and swim with buddy 24m/80ft while assessing and adjusting balance and trim
- Recover and clear second stage
- Respond to simulated failed regulator or valve
- Ascent – Safety Stop
- Tired diver tow
- Exit
- Debrief
- Log Dive – Complete Training Record

Instructor Statement

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Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

"I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about sidemount diving and that completion of a PADI Sidemount Diver course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices."

Diver Signature _____ Date _____
Day/Month/Year



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

UNDERWATER NAVIGATION

Skills Overview

- Knowledge Review
- Compass Use on Land
- Briefing
- Gearing Up
- Pre-dive Safety Check (BWRAF)
- Entry
- Distance/Time Estimation Swim
- Navigate a Straight Line Underwater Using Natural Navigation Techniques
- Navigate a Straight Line and its Reciprocal Underwater Using a Compass
- Navigate a Square Pattern Underwater Using a Compass
- Ascent – Safety Stop
- Exit
- Debrief
- Log Dive – Complete Training Record

Instructor Statement

"I verify that this student has satisfactorily completed the Knowledge Review and Performance Requirements (as described in PADI's Advanced Open Water Diver Instructor Guide) for this PADI Advanced Open Water Training Dive. I am a renewed, Teaching status PADI Instructor for the current year."

Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

"I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about underwater navigation and that completion of a PADI Underwater Navigator course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices."

Diver Signature _____ Date _____
Day/Month/Year



PADI Advanced Open Water Training Record

Advanced Open Water Adventure Dive:

WRECK DIVE

Skills Overview

- Knowledge Review
- Briefing
- Gearing Up
- Pre-dive Safety Check (BWRAF)
- Entry
- Navigating the Wreck
- Returning to Ascent Point
- Ascent – Safety Stop
- Exit
- Debrief
- Log Dive – Complete Training Record

Instructor Statement

“I verify that this student has satisfactorily completed the Knowledge Review and Performance Requirements (as described in PADI’s Advanced Open Water Diver Instructor Guide) for this PADI Advanced Open Water Training Dive. I am a renewed, Teaching status PADI Instructor for the current year.”

Instructor Name _____
First Middle Initial Last

Instructor Signature _____

PADI No. _____ Dive Completion Date _____
Day/Month/Year

Instructor Contact Information (Please Print)

Instructor Mailing Address _____

City _____ State/Province _____

Country _____ Zip/Postal Code _____

Phone/Email _____

Student Diver Statement

“I verify that I have completed all of the Performance Requirements for this Adventure Dive. I realize that there is more to learn about wreck diving and that completion of a PADI Wreck Diver course is highly recommended. I also agree to abide by PADI Standard Safe Diving Practices.”

Diver Signature _____ Date _____
Day/Month/Year